

MICRONEEDLING

after care

- ◆ Immediately after your treatment, you will look as though you have a moderate to severe sunburn and your skin may feel warm and tighter than usual.
- ◆ You may also notice some slight swelling, both are normal and should subside after 1 to 2 hours and will normally diminish within the same day or 24 hours.
- ◆ You may see slight redness after 24 hours but only in minimal areas or spots.
- ◆ After 24 hours, use a gentle cleanser to cleanse the face for the following 72 hours and gently dry the treated skin.
- ◆ Always make sure that your hands are clean when touching the treated area.
- ◆ Apply moisturizing over the next 24 hours.
- ◆ Do not take any inflammatory medicines for at least 2 weeks post treatment.



MICRONEEDLING

after care

- ◆ After the initial 24 hours, apply a broad spectrum UVA/UVB sunscreen with a minimum SPF 30 for two weeks. A chemical-free sunscreen is highly recommended.
- ◆ For at least 3 days post treatment, do NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol (Vitamin A), Vitamin C (in a low pH formula) or anything perceived as 'active' skincare.
- ◆ Avoid intentional and direct sunlight for 48 hours.
- ◆ No tanning beds.
- ◆ Do not go swimming for at least 24 hours post-treatment.
- ◆ No exercising or strenuous activity for the first 24 hours post-treatment.
- ◆ Sweating and gym environments must be avoided during the first 72 hours post-treatment.

